

## ADVANCED FIDDLE PRACTICE PLAN – 90 MINUTES

Skill/Technique	Time Allocation
Bow Management–Tone–Intonation (could include metronome, drone, etc.) Short rest.	12-15 min.
Learning new material	20 min.
More technical work: Position work, Shifting, & Intonation challenges related to new material	20 min.
Making up something—record for later	~ 5 min.
Playing Tunes you know (lead, melody and backup)	~20 min
Review any new material that you remember (by heart)	~ 5 min.

As an advanced Fiddle player, your **goal** with each practice session should be to build a varied, fun repertoire and refine your technique and style for maximum enjoyment. No matter how advanced you are, don't forget to start with some basics as your warm-up; they will make everything else come easier.

Work on your weak spots first: frame them in small enough sections, and slow down to get it perfect before you increase speed. Let the metronome be your friend: it won't ever get impatient or make fun of you.

Try applying all of the skills you're working on to a variety of different styles of tunes. It helps to jot down ideas about connections between techniques and tunes as they come to you... Often this happens away from the fiddle.

Try to play with another musician at least once a week, perhaps even with a singer. No matter how rudimentary the other player might be, we can learn to listen and adjust from them. Record yourself often. You could possibly use your phone for audio-- or video, if you are brave. It will help you quickly find and hear the flaws in your playing.

Challenge your playing daily and make up a new tune, no matter how short, every day.

Happy Fiddling,

**Darol Anger**

School of Fiddle at ArtistWorks.com