

## INTERMEDIATE FIDDLE PRACTICE PLAN – 1 hour

Skill/Technique	Time Allocation
Bowing, Tone, Intonation exercises used as a warm-up period: hands and fingers re-align and loosen up. Short rest.	~15 minutes
Work on new material while still fresh	~ 10 minutes
Short focus on any new technical problems suggested by new material	~10 minutes
Rest, then try making up a new tune or exercise, no matter how short.	~ 5 min.
Slam around on tunes you know	~ 15
Quick review of new material	~ 5 min.

As a intermediate Fiddle player, your **goal** with each practice session should be to build your technique and start discovering your style.

You've conquered the basics, so now you want to apply what you've learned to more tunes and allow your playing to become more musical. Record yourself often. You could possibly use your phone for audio-- or video, if you are brave. It will help you quickly and clearly identify the flaws in your playing.

You should continue to work on your fundamentals such as intonation, rhythm, and tone, but you also want to continue playing a wide variety of tunes that challenge you, and to create something new every day.

Bore in on your technical weaknesses by framing them in small enough sections to be solvable, and slow everything down to get it perfect; get each hand feeling clear on each move before you increase speed. Let the metronome be your friend: it won't ever get impatient or make fun of you.

Challenge your playing and make up a new tune, no matter how short, every day. It doesn't have to be great. You don't even have to remember it; just the act of creating something will move your musicality forward.

Happy Fiddling,

**Darol Anger**

School of Fiddle at ArtistWorks.com