

INTERMEDIATE FIDDLE PRACTICE PLAN – 20 minutes

Skill/Technique	Time Allocation
Bow Management–Tone–Intonation: some scales, long bowing, shuffles.	~5 min.
Learning new material: play just until you hit a snag.	2–5 min.
Make up a little exercise covering just that small detail of the new material.	~ 5 min.
Play a Tune you know	~ 5 min

As an Intermediate Fiddle player, your **goal** with each practice session should be to build your technique and clarify your style, even in a short amount of time. Again, if you expect to only be able to touch the instrument, try to keep it out of the case (in a safe place!) that day.

You should continue to touch on your fundamentals such as intonation, rhythm, and tone, but you also want to continue learning a wide variety of tunes and techniques that challenge you.

Making up a very short exercise to deal with technical snags is a great way to create something new every day. Knock down your technical challenges by framing them in small enough sections to be solvable. This is especially important for short practice sessions: get each hand feeling clear on each move before you increase speed. For a short session, don't waste your valuable playing time if your metronome is not handy. Just play, and be your own metronome.

Happy Fiddling,

Darol Anger

School of Fiddle at ArtistWorks.com