

BEGINNER FIDDLE PRACTICE PLAN – 15 minutes

Skill/Technique	Time Allocation
Bow Management–Tone–Intonation (scales, long bowing, shuffles.)	~7 min.
Make up something, no matter how short	~ 2 min.
Play a tune you know rambunctiously.	~ 5 min

As a beginner Fiddle player, never pass up a chance to get your hands on the fiddle. Try hanging it on the wall or leaving it out in a safe place such as on top of a bureau, when you know you'll just have short blips during the day.

Your **goal** with each practice session should be to get your fingers and arm into shape, play something musical, create a new piece of music and work on your rhythm. What you learn and master now will serve your playing well for many years to come.

Happy playing,

Darol Anger

School of Fiddle at ArtistWorks.com